

# Glycolic Peel Aftercare

After a Glycolic Acid Peel, it is common to experience some temporary flaking, scaling, redness and dryness of the skin for up to five days. This is a result of the peel exfoliating the top layer of skin and new cells surfacing. These conditions will disappear as the skin adjusts to the treatments. Improvements from the Glycolic Acid Peels may be very subtle at first. With every peel you should notice your skin feeling smoother and softer and appearing more even toned.

## **Caring for Your Skin after a Sanitas Glycolic Peel**

The first evening after your peel you should not have to wash your face, however if you choose to do so, cleanse very gently with a gentle cleanser like Milk & Honey Cleanser or Sensitive Skin Cleanser. Pat dry; do not rub. Depending on your skin type, moisturize with Moisture Mist and Topical C or Oil Free Moisturizer. It is essential to protect your skin from the sun following a peel. Consider wearing a hat, and Solar Block is essential for sun protection every day.

Sanitas Sensitive Skin System Kits are the perfect solution for daily maintenance following your peel. This system includes all of the products you will need to care for your skin during the critical days following a peel.

*After 7 days, you may use a mild exfoliant such as Lemon Cream Scrub. Use caution not to exfoliate too soon, as it could cause scarring.*

## **Things to Avoid After a Sanitas Skincare Alpha Peel**

- AVOID DIRECT SUN EXPOSURE until you have finished peeling.
- Do not exfoliate your skin for at least 7 days after the peel.
- Do not apply a product with Retinoic Acid to the treated area for at least 7 days
- Wait at least ten to 14 days after your peel for collagen or Botox injections to the treated area.

## **Are the Results Permanent?**

The permanency of the results is in direct proportion to how you care for your skin after a peel. Taking care of your skin, using a daily Sanitas Skincare regimen, and using protection from the sun with products like Solar Block will most certainly help you retain a rejuvenated, more youthful appearance. Maximum benefits are achieved by completing a series of up to six peels.